




MAY Group Exercise Schedule

3800 Commercial Ave. | 210-334-3800

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ZUMBA® 9:00 AM BB Court Alejandra	ZUMBA® 9:00 AM BB Court Alejandra	ZUMBA® 9:00 AM BB Court Alejandra	ZUMBA® 9:30 AM BB Court Alejandra	ZUMBA® 9:00 AM BB Court Gloria	ZUMBA® 9:00 AM BB Court Gloria
YOGA 9:30 AM Studio Mari	YOGA 9:30 AM Studio Mari	H.I.I.T 10:00 AM BB Court Alejandra	YOGA 9:30 AM Studio Mari	<p>FREE GUEST PASS</p> <p>GOOD FOR ONE DAY, FOR ONE PERSON AT EITHER LOCATION.</p> <p>Must be 18 yrs. old. Picture ID Required.</p> 	
ZUMBA® 6:00 PM BB Court Alejandra	ZUMBA® 6:00 PM BB Court Alejandra	YOGA 6:00 PM Studio Mari	ZUMBA® 6:00 PM BB Court Alejandra		
YOGA 6:00 PM Studio Mari	YOGA 6:00 PM Studio Mari	ZUMBA® 6:00 PM BB Court Alejandra	YOGA 6:00 PM Studio Mari		



5427 Ray Ellison Blvd. | 210-457-3377

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ZUMBA® 9:30 AM Studio A Cat	ZUMBA® 9:00 AM Studio A Cat	YOGA 9:00 AM Studio A Mari	ZUMBA® 9:00 AM Studio A Yolanda	ZUMBA TONING® 10:00 AM Studio A Cat	ZUMBA® 9:00 AM Studio A Claudia
ZUMBA® 6:00 PM Studio A Yolanda	H.I.I.T 10:00 AM Studio A Claudia	ZUMBA® 10:00 AM Studio A Cat	H.I.I.T 10:00 AM Studio A Claudia		H.I.I.T 10:00 AM Studio A Claudia
H.I.I.T 7:00 PM Studio A Claudia	ZUMBA® 6:00 PM Studio A Cat	ZUMBA® 6:00 PM Studio A Cat	ZUMBA® 6:00 PM Studio A Gloria		
	CIRCUIT TRAINING 7:00 PM Studio A Claudia	H.I.I.T 7:00 PM Studio A Claudia	H.I.I.T 7:00 PM Studio A Claudia		