



## January Group Exercise Schedule

3800 Commercial Ave. | 210-334-3800

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>ZUMBA®</b> 9:00 AM BB Court Alejandra	<b>ZUMBA®</b> 9:30 AM BB Court Alejandra	<b>ZUMBA®</b> 9:00 AM BB Court Alejandra	<b>ZUMBA®</b> 9:30 AM BB Court Alejandra			
<b>Kickboxing</b> 10:00 AM BB Court Alejandra		<b>HIIT</b> 10:00 AM BB Court Alejandra				
<b>ZUMBA®</b> 6:00 PM BB Court Alejandra	<b>ZUMBA®</b> 6:00 PM BB Court Alejandra	<b>ZUMBA®</b> 6:00 PM BB Court Alejandra	<b>ZUMBA®</b> 6:30 PM BB Court Estevan			
<b>HIIT</b> 7:00 PM BB Court Juan	<b>STEP</b> 7:00 PM BB Court Alejandra	<b>BOOT CAMP</b> 7:00 PM BB Court Juan				

**HOURS:** Monday - Friday 5 am - 10 pm | Saturday 8 am - 6 pm | Sunday 12 pm - 6 pm



## January Group Exercise Schedule

5427 Ray Ellison Blvd. | 210-457-3377

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>ZUMBA®</b> 9:30 AM Studio A Cat	<b>ZUMBA®</b> 9:00 AM Studio A Cat	<b>ZUMBA®</b> 9:30 AM Studio A Cat	<b>HIIT</b> 9:30 AM Studio A Claudia			
<b>ZUMBA®</b> 6:00 PM Studio A Yolanda	<b>BARRE PILATES</b> 10:00 AM Studio A Claudia	<b>ZUMBA®</b> 6:00 PM Studio A Cat	<b>ZUMBA®</b> 6:00 PM Studio A Cat			
<b>HIIT</b> 7:00 PM Studio A Claudia	<b>ZUMBA®</b> 6:00 PM Studio A Yolanda	<b>BARRE PILATES</b> 7:00 PM Studio A Claudia				
	<b>HIIT</b> 7:00 PM Studio A Juan					

**HOURS:** Monday - Friday 5 am - 10 pm | Saturday 8 am - 6 pm | Sunday 12 pm - 6 pm