



Commercial Ave. Group Exercise Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
YOGA 9:00a Studio Maria	YOGA 9:00a Studio Maria	YOGA 9:00a Studio Maria	ZUMBA SENTAO® 9:00a BB Court Alejandra	ZUMBA® 9:30a BB Court Alejandra	H.I.I.T 9:00a BB Court Claudia	ZUMBA® (Family) 2:00p BB Court Estevan
ZUMBA® 9:00a BB Court Karin	ZUMBA® 9:00a BB Court Karin	ZUMBA® 9:00a BB Court Alejandra	ZUMBA® 10:00a BB Court Alejandra		ZUMBA® (Family) 10:00a BB Court Claudia	
ZUMBA® 10:00a BB Court Alejandra	ZUMBA® 10:00a BB Court Marianna	CARDIO BOXING 10:00a BB Court Alejandra	STEP 10:00a Ballroom Karin			
H.I.I.T 10:00a Ballroom Karin			H.I.I.T 11:00a BB Court Karin			
ZUMBA® (Family) 6:00p BB Court Alejandra	ZUMBA® (Family) 6:00p BB Court Alejandra	ZUMBA® (Family) 6:00p BB Court Alejandra	H.I.I.T 6:00p BB Court Karin	<p style="text-align: center;">3800 Commercial Ave. San Antonio, Texas 78221 210-334-3800</p> <p style="text-align: center;">Hours of Operation: Monday-Friday 5am-11pm Saturday 8am-6pm Sunday 12pm-6pm</p>		
YOGA 6:00p Studio Maria	STEP 6:00p Ballroom Karin	YOGA (Family) 6:00p Studio Maria	ZUMBA® (Family) 7:00p BB Court Karin			
ZUMBA® (Family) 7:00p BB Court Estevan	ZUMBA® (Family) 7:00p BB Court Alejandra	ZUMBA® (Family) 7:00p BB Court Alejandra				
KICKBOXING 7:00p Ballroom Alejandra	H.I.I.T 7:00p Ballroom Karin					

Ray Ellison Blvd. Group Exercise Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ZUMBA® 9:00a Studio A Cat	ZUMBA® 9:00a Studio A Claudia	ZUMBA® 9:00a Studio A Karin	ZUMBA® 9:00a Studio A Cat	ZUMBA® 9:00a Studio A Claudia	BOOT CAMP 9:00a Studio A Cat	Please visit our Commercial Ave. location for Zumba Class
POUND® 10:00a Studio A Cat	H.I.I.T 10:00a Studio A Claudia	BOOT CAMP 10:00a Studio A Karin	POUND® 10:00a Studio A Cat	CIRCUIT TRAINING 9:00a Studio B Karin	ZUMBA® (Family) 10:00a Studio A Cat	
ZUMBA® (Family) 6:00p Studio A Cat	BOOT CAMP 6:00p Studio A Claudia	ZUMBA® (Family) 6:00p Studio A Claudia	H.I.I.T 6:00p Studio A Claudia	STRENGTH AND MOBILITY 10:00a Studio B Karin		
ZUMBA® (Family) 7:00p Studio A Cat	YOGA (Family) 6:00p Studio B Maria	ZUMBA® (Family) 7:00p Studio A Estevan	YOGA (Family) 6:00p Studio B Maria	<p style="text-align: center;">5427 Ray Ellison Blvd. San Antonio, Texas 78242 210-457-3377</p> <p style="text-align: center;">Hours of Operation: Monday-Friday 5am-10pm Saturday 8am-6pm Sunday 12pm-6pm</p>		
	ZUMBA® (Family) 7:00p Studio A Estevan	BOOT CAMP 7:00p Studio B Claudia	ZUMBA® (Family) 7:00p Studio A Claudia			
	ZUMBA KIDS® 7:00p—Studio B Claudia					