



# FEBRUARY 2020 GROUP EXERCISE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
YOGA 9:00am Studio Maria	YOGA 9:00am Studio Maria	YOGA 9:00am Studio Maria	ZUMBA SENTAO® 9:00am Basketball Court Alejandra	ZUMBA® 9:30am Basketball Court Alejandra	H.I.I.T High Intensity Interval Training 9:00am Basketball Court Claudia	ZUMBA® (Family) 2:00pm Studio/Ballroom Estevan
ZUMBA® 9:00am Basketball Court Karin	ZUMBA® 9:00am Basketball Court Karin	ZUMBA® 9:00am Basketball Court Alejandra	ZUMBA® 10:00am Basketball Court Alejandra		ZUMBA® (Family) 10:00am Basketball Court Claudia	
ZUMBA® 10:00am Basketball Court Alejandra	ZUMBA® 10:00am Basketball Court Marianna	CARDIO BOXING 10:00am Punching Bags Alejandra	STEP 10:00am Ballroom Karin			
H.I.I.T High Intensity Interval Training 10:00am Ballroom Karin			H.I.I.T High Intensity Interval Training 11:00am Basketball Court Karin			
ZUMBA® (Family) 6:00pm Basketball Court Alejandra	ZUMBA® (Family) 6:00pm Basketball Court Alejandra	ZUMBA® (Family) 6:00pm Basketball Court Alejandra	H.I.I.T High Intensity Interval Training 6:00pm Basketball Court Karin	<p>Happy VALENTINE'S DAY</p> <p>Show us the LOVE... Refer your Friends and Family and earn Free Referral Gifts! See backside for more details.</p>		
YOGA 6:00pm Studio Maria	STEP 6:00pm Ballroom Karin	YOGA (Family) 6:00pm Studio Maria	ZUMBA® (Family) 7:00pm Basketball Court Karin			
ZUMBA® (Family) 7:00pm Basketball Court Estevan	ZUMBA® (Family) 7:00pm Basketball Court Alejandra	ZUMBA® (Family) 7:00pm Basketball Court Alejandra				
KICKBOXING 7:00pm Ballroom Alejandra	H.I.I.T High Intensity Interval Training 7:00pm Ballroom Karin					

**3800 Commercial Ave., San Antonio, TX 78221**  
(in between Formosa & Gillette St.)

**210-334-3800**

**www.centrofitnessSA.com**