

FEBRUARY 2020 GROUP EXERCISE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
ZUMBA®	ZUMBA®	ZUMBA®	ZUMBA®	ZUMBA®	BOOT CAMP	
9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	
Studio A	Studio A	Studio A	Studio A	Studio A	Studio A	
Cat	Claudia	Karin	Cat	Claudia	Cat	
ZUMBA STEP® 10:00am Studio A Cat	H.I.I.T <sup>®</sup> High Intensity Interval Training 10:00am Studio A	BOOT CAMP 10:00am Studio A Karin	POUND <sup>®</sup> 10:00am Studio A Cat	CIRCUIT TRAINING 9:00am Studio B Karin	ZUMBA® (Family) 10:00am Studio A Cat	
	Claudia					
				STRENGTH AND MOBILITY 10:00am Studio B Karin		
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ZUMBA <sup>®</sup> (Family) 6:00pm Studio A Cat	BOOT CAMP 6:00pm Studio A Claudia	ZUMBA® (Family) 6:00pm Studio A Claudia	H.I.I.T <sup>®</sup> High Intensity Interval Training 6:00pm Studio A Claudia	VALENTING'S DAY		
ZUMBA®	YOGA	ZUMBA®	YOGA (Family)		F	
(Family)	(Family)	(Family)	6:00pm	A REAL	6	
7:00pm	6:00pm	7:00pm	Studio B	a de la compañía de la	7	
Studio A	Studio B	Studio A	Maria	/		
Cat	Maria	Estevan		1	AD	
	ZUMBA® (Family)	BOOT CAMP 7:00pm	ZUMBA <sup>®</sup> (Family)			
	7:00pm	Studio B	7:00pm			
	Studio A	Claudia	Studio A	Show us the LOVE References Enjoy de and Earriby		
	Estevan		Claudia			
	ZUMBA KIDS® 7:00pm Studio B Claudia			Refer your Friends and Family and earn Free Referral Gifts! See backside for more details.		

## 5427 Ray Ellison Blvd., San Antonio, TX 78242 (across from Alan B Shepard Middle School)

210-457-3377 www.centrofitnessSA.com