



JUNE 2019 GROUP EXERCISE SCHEDULE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|---|--|---|---|--|
| YOGA 9:00am Studio Maria | YOGA (Family) 9:00am Studio Maria | YOGA (Family) 9:00am Studio Maria | ZUMBA SENTAO® 9:00am Basketball Court Alejandra | ZUMBA® (Family) 9:30am Basketball Court Alejandra | H.I.I.T High Intensity Interval Training 9:00am Basketball Court Claudia | ZUMBA® (Family) 2:00pm Studio/Ballroom Estevan |
| ZUMBA® (Family) 9:00am Basketball Court Karin | ZUMBA® 9:00am Basketball Court Karin | ZUMBA® (Family) 9:00am Basketball Court Alejandra | ZUMBA® (Family) 10:00am Basketball Court Alejandra | ZUMBA® (Family) 6:00pm Basketball Court Estevan | ZUMBA® (Family) 10:00am Basketball Court Claudia | |
| ZUMBA® (Family) 10:00am Basketball Court Alejandra | ZUMBA® (Family) 10:00am Basketball Court Alejandra | CARDIO BOXING 10:00am Punching Bags Alejandra | STEP 10:00am Ballroom Karin | | | |
| H.I.I.T High Intensity Interval Training 10:00am Ballroom Karin | | | H.I.I.T High Intensity Interval Training 11:00am Basketball Court Karin | | | |
| ZUMBA® (Family) 6:00pm Basketball Court Alejandra | ZUMBA® (Family) 6:00pm Basketball Court Alejandra | ZUMBA® (Family) 6:00pm Basketball Court Alejandra | H.I.I.T High Intensity Interval Training 6:00pm Basketball Court Karin |  <p>No Contracts All Classes Included</p> | | |
| YOGA 6:00pm Studio Maria | STEP 6:00pm Ballroom Karin | YOGA (Family) 6:00pm Studio Maria | ZUMBA® (Family) 7:00pm Basketball Court Karin | | | |
| ZUMBA® (Family) 7:00pm Basketball Court Estevan | ZUMBA® (Family) 7:00pm Basketball Court Alejandra | ZUMBA® (Family) 7:00pm Basketball Court Alejandra | | | | |
| KICKBOXING 7:00pm Ballroom Alejandra | H.I.I.T High Intensity Interval Training 7:00pm Ballroom Karin | | | | | |
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