



JANUARY 2019 GROUP EXERCISE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ZUMBA® 9:00am Basketball Court Karin	YOGA 9:00am Studio Maria	YOGA 9:00am Studio Maria	ZUMBA SENTAO® 9:00am Basketball Court Alejandra	ZUMBA® 9:30am Basketball Court Alejandra	BOOT CAMP 9:00am Basketball Court Claudia	ZUMBA® (Family) 2:00pm Studio/Ballroom Estevan
YOGA 10:00am Studio Maria	ZUMBA® 9:00am Basketball Court Karin	ZUMBA® 9:30am Basketball Court Alejandra	ZUMBA® 10:00am Basketball Court Alejandra	ZUMBA® (Family) 6:00pm Basketball Court Estevan	ZUMBA® (Family) 10:00am Basketball Court Claudia	
ZUMBA® 10:00am Basketball Court Alejandra	ZUMBA® 10:00am Basketball Court Alejandra	CARDIO MIX 10:30am Basketball Court Alejandra	STEP 10:00am Ballroom Karin			
	CARDIO BOXING 11:00am Punching Bags Alejandra CLASS LIMIT: 14	BOOT CAMP 11:30am Basketball Court Karin	H.I.I.T High Intensity Interval Training 11:00am Basketball Court Karin			
ZUMBA® (Family) 6:00pm Basketball Court Alejandra	ZUMBA® (Family) 6:00pm Basketball Court Alejandra	ZUMBA® (Family) 6:00pm Basketball Court Alejandra	H.I.I.T High Intensity Interval Training 6:00pm Basketball Court Karin	<p>Family Friendly No Contracts All Classes Included</p>		
YOGA 6:00pm Studio Maria	STEP 6:00pm Ballroom Karin	YOGA (Family) 6:00pm Studio Maria	ZUMBA® (Family) 7:00pm Basketball Court Karin			
ZUMBA® (Family) 7:00pm Basketball Court Estevan	ZUMBA® (Family) 7:00pm Basketball Court Alejandra	ZUMBA® (Family) 7:00pm Basketball Court Alejandra	ZUMBA KIDS® 7:15pm Studio Estevan			
KICKBOXING 7:00pm Ballroom Alejandra	BOOT CAMP 7:00pm Ballroom Karin					

3800 Commercial Ave., San Antonio, TX 78221
(in between Formosa & Gillette St.)

210-334-3800

www.centrofitnessSA.com



NOW BOOKING FOR 2020

Fall in love with the vibrant colors, open floor plan and spectacular setting.

Plan your wedding, debut or holiday party
at our Encino Ballroom.

3800 Commercial Ave., San Antonio, Texas 78221

The following are included amenities with your Ballroom Rental:

- ◇ Provide up to 30 round tables with 10 chairs each.
- ◇ Tables provided for Gift, Cake, Sign In table and Caterers.
- ◇ Plenty of Free Parking and Security is included.
- ◇ We include and provide your after event clean up.
- ◇ We offer a large dance floor and stage already in place.
- ◇ Concession Services are provided at no additional cost.
- ◇ We provide a preferred vendor list.
- ◇ Client may provide up to (2) kegs for their event.
- ◇ Client may choose to allow their guests to bring in their own liquor, champagne or wine.
- ◇ Client may bring in their own Decorator, Caterer or DJ.
- ◇ Payment Plans Available.

**Call us TODAY for more information and
to schedule your tour • 210-334-3800**