



OCTOBER - NOVEMBER 2018 GROUP EXERCISE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ZUMBA® 9:00am Studio A Estevan	ZUMBA® 9:00am Studio A Claudia	ZUMBA® 9:00am Studio A Karin	ZUMBA SENTAO® 9:00am Studio A Cat	ZUMBA® 9:00am Studio A Claudia	Please join us at our Commercial Ave. location for weekend classes.	
ZUMBA STEP® 10:00am Studio A Cat	H.I.I.T® High Intensity Interval Training 10:00am Studio A Claudia	H.I.I.T® High Intensity Interval Training 10:00am Studio A Karin	ZUMBA® 10:00am Studio A Cat	Circuit Training 9:30am Studio B Karin		
				ZUMBA GOLD® 10:30am Studio B Karin		
ZUMBA STEP® 6:00pm Studio A Cat	BOOT CAMP 6:00pm Studio A Claudia	ZUMBA® (Family) 6:00pm Studio A Claudia	H.I.I.T® High Intensity Interval Training 6:00pm Studio A Claudia	<div style="border: 2px dashed black; padding: 10px;"> <p style="font-size: 48pt; font-weight: bold; color: red;">3</p> <p style="font-size: 24pt; font-weight: bold; color: red;">DAYS FREE with this coupon</p> <p style="color: red;">Expires November 15, 2018</p> <p style="color: red;">Photo ID Required. Must be 18 years of age. Certain restrictions may apply.</p> <p style="font-size: 24pt; font-weight: bold; color: red;">Family Friendly</p> <p style="font-size: 24pt; font-weight: bold; color: red;">No Contracts</p> <p style="font-size: 24pt; font-weight: bold; color: red;">All Classes Included</p> </div>		
ZUMBA® (Family) 7:00pm Studio A Cat	YOGA (Family) 6:00pm Studio B Maria	ZUMBA® (Family) 7:00pm Studio A Estevan	YOGA (Family) 6:00pm Studio B Maria			
	ZUMBA® (Family) 7:00pm Studio A Estevan	BOOT CAMP 7:00pm Studio B Claudia	ZUMBA® (Family) 7:00pm Studio A Claudia			

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